

Women in Infrastructure Leadership

Course Agenda

DAY 1:

- 9:00 am** Arrival (30 mins)
9:30 am Welcome (10 mins)
9:40 am Course Commence (80 mins)

Introduction (10 mins)

- Why we are here
- Contributing
- Course Overview: Outcomes & What to expect
- Facilitator introduction
- Who's in the room

Section 1 – Culture Upgrade (20 mins)

- Infrastructure Culture, Challenges & Women's Patterns
- What female leaders in the industry say

Interactive 1 – Agents of Change (30 mins)

Evaluate how the patterns discussed and evaluate how they might be impacting their careers and professional life.

Section 2 – Emotional Intelligence (20 mins)

- Leadership and Emotional Intelligence
- The importance of navigating emotions
- Working with fear and limiting beliefs

- 11:00 am** Morning Tea (15 mins)
11:15 am Course Recommence (75 mins)

Interactive 2 – Emotional Self-Management (40 mins)

Practice bringing up different situations to stimulate, feel and process different emotions.

Section 2 – Emotional Intelligence (35 mins)

- The link between emotions, needs & boundaries
- Getting our needs met – basic and higher-order needs

- 12:30 pm** Buffet Lunch (30 mins)
1:00 pm Course Recommence (105 mins)

Interactive 3 – Belief Management (40 mins)

Identify and reframe limiting beliefs that affect their professional life and leadership capacity.

Section 2 – Emotional Intelligence (10 mins) Cont. Leadership anchored in self-awareness, self-love, authenticity

Interactive 4 – Your Vision & Legacy (45 mins)

Connect and tap into the bigger picture of your life, your purpose, strengths, & passions.

Section 3 – Your Personal Brand as a Leader (10 mins)

- Leadership anchored in self-awareness, self-love, authenticity

3:00 pm Women's Panel Discussion (60 mins)

- Barriers that prevent them from moving forward
- Challenges & fears they had to overcome
- Pathways, roles progress in the industry
- How does one come by CEO experience to become a CEO?
- Stories of other women in the industry
- Q&A

4:00–5:00 pm Industry Networking (60 mins)

5:00 pm Close

DAY 2:

9:00 am Course Commence (120 mins)

Interactive 5 – Mingling & Integrating (15 mins)

Women get to refresh and discuss learnings from yesterday's session.

Section 4 – Self-Advocacy (35 mins)

- Self-advocacy, your personal brand & showing up your vision
- Communicating upwards
- Negotiation skills & assertive communication

Interactive 6 – Asking Big (70 mins)

Prepare and role play powerful negotiation practices.

11:00 am Morning Tea (15 mins)

11:15 am Course Recommence (75 mins)

Section 5 – Your Support Network (40 mins)

- Creating a powerful support network & finding allies
- Types of relationships
- Creating & nurturing the right relationships

Interactive 7 – Mapping your Support Network (35 mins)

Take inventory and map the stakeholders, assess their current network & understand gaps in their support system.

12:30 pm Buffet Lunch (30 mins)

1:00 pm Course Recommence (60 mins)

Section 6 – Creating your Future (30 mins)

- Reflections and recap in order to begin the next interactive

Interactive 8 – Aligned Goal-setting (30 mins)

Create a personal development plan with goals, actionable items and support system plan.

2:00 pm Course Recap (30 mins)

2:30 pm Afternoon Tea

3:00 pm Close

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